



Flanders Field Forest Trail 5K Run & Walk

Fri Jun 2, 2023

In Person Race: 6:00 pm \$25.00 / \$35 Day of Race

BIB #

Note: Lines 1-4 are mandatory. You cannot be entered into the race if they are not complete and legible.

1	First Name	
2	Last Name	
3	Gender	MALE FEMALE (please circle one)
4	Age	(your age on race day)

5	Birthday	
6	Address	
7		
8	City	
9	State	
10	Zipcode	
11	Phone	
12	Email	
13	Event+T-Shirt Shirt Size	X-Small Small Medium Large X-Large XX-Large
14	I understand that there will be no refunds.	

Signature: _____ **Date** _____

Parent Signature (if under 18) _____ **Date** _____

My signature is in agreement to the following Waiver:

I know that participation in this "The Flanders Forest Trail 5K Run and Walk" is a potentially hazardous activity. I will not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of any race official as to my ability to safely complete the event. I assume all risks associated with this event, including but not limited to falls, contact with other participants, effects of weather including high heat and humidity, traffic and the condition of the road, trail, all such risks being known and understood by me. Having read this waiver and knowing these facts and in consideration of your accepting of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the USATF, USATF employees, USATF officials, USATF directors, race organizers, "The Flanders Forest Trail 5K Run and Walk", the Town of Woodbury, "Flanders Nature Center & Land Trust", Fast Track Timing LLC, any volunteers, and all sponsors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purposes.

I acknowledge and understand that Flanders Nature Center & Land Trust, its Board of Directors, Agents and Employees is/are committed to the exercise of due and reasonable care in the prevention and/or transmission of viral and bacterial illnesses, including but not limited to Coronavirus / Covid19. However, Flanders Nature Center & Land Trust cannot and does not guarantee that students/participants and/or anyone they may come in contact with, will not contract and/or transmit any particular viral or bacterial illness from or as a result of participation in Flanders' programs and/or activities. I also acknowledge and understand there is an incalculable degree of risk of contracting and/or transmitting viral and/or bacterial illness(es) that is inherent to participation in Flanders' programs and activities; and I accept and assume that risk knowingly, intelligently and voluntarily. I therefore covenant agree that neither I, nor my child shall have any cause of action or make any claim or demand against Flanders Nature Center & Land Trust, its Board of Directors, Agents & Employees based upon, arising from or related to the contraction or transmission of Coronavirus / Covid19 or other viral or bacterial illness(es); and shall hold Flanders Nature Center & Land Trust, its Board of Directors, Agents, Employees absolutely harmless and indemnified from any and all liability and/or damages caused by, arising from or related to the same.